## OTHER ORGANIZTIONS TO HELP & INFORM

Need help getting medical care, senior support services, paying bills, finding housing and food, substance abuse treatment, or getting other public information & education?

Here is a list of some resources that may be helpful for your questions. If you want to talk to help narrow down where to go for help, please call us at 307-632-5400.

- Wyoming 211
- Wyoming Department of Health
- Wyoming Senior Citizens, Inc.
- Laramie County Public Health
- Community Action of Laramie County
- Cheyenne VA Health Care System
- Wyoming-Montana Safety Council
- Ready.gov
- NFPA.org



#### **STAY INFORMED**

Follow us to get tips, information about fire prevention and safety events, and more.

https://www.facebook.com/LaramieCountyFireAuthority





Scan to follow us on Facebook

#### **GET INVOLVED**

Apply to be a volunteer firefighter, join our support services, apply to the firefighter residency program, or make a donation.

https://www.LCFAWY.com/



Scan to explore our website

LARAMIE COUNTY FIRE AUTHORITY 5800 NORTH COLLEGE DRIVE CHEYENE, WY 82009 307-632-5400

**WWW.LCFAWY.COM** 

CUSTOMERSERVICE@LCFAWY.COM



# COMMUNITY RESOURCE GUIDE

-- Core Values--

Service | Ownership | Unity | Progressive

### --Mission--

The Laramie County Fire Authority exists to protect life, home, and property by providing fire suppression, rescue, medical assistance, and public education with proficient, well trained, caring, and compassionate personnel with pride, honor, and integrity.

#### **LCFA IS HERE TO HELP**

With seven stations strategically located throughout Laramie County, Wyoming, we respond to 911 calls 24/7/365.

Preparation is better than the cure.

We also want to help you, reduce hazardous situtaions before they arise. This includes service calls to change your smoke detector batteries, coming to your home or business for a "walk through" to assess safety considerations and share helpful information.

#### **DISASTER RECOVERY**

Losing property or personal possessions can be a traumatic event. Here are some tips and local resources that can ease the burden of recovering from a disaster.

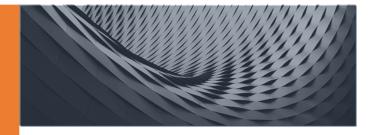
- American Red Cross of Wyoming 307-222-8272
- Contact your insurance company
- Gas & electric utility service provider(s)
- National Crisis Line (text or call 988)
  - 24/7 text or phone support for mental health emergencies
- Wyoming 211 (dial 211)
  - provides free, confidental health & human services
- Local property restoration services
- Pets / Vetrinarian care

#### **PREVENTION SERVICES**

Do not be afraid to ask for help. There are many local resources and assistance providers to help keep you and your loved ones safe in the home and on the road.

LCFA firefighters and support crews can help with the following:

- Changing batteries in smoke detectors
- Proper car seat installation
- Firewise & "defensible space" assessments
- Connecting you with other local support & human service assistance providers



#### **HEALTH AND SAFETY**

Awareness to a strong health and safety culture promotes overall wellness. Improving your health and safety promotes independence and healthy lifestyles, reducing health risks.

Cheyenne Laramie County Adult Health programs serves the elderly, chronically ill, or disabled. Contact them today 307-633-4000.

Wyoming Senior Citizens is a local non-profit supporting Wyoming's older residents to help them maintain independence. Services include senior companion, caregiver support, foster grandparent, advocacy, and more. Contact them at 307-634-1010.

Wyoming Department of Family Services provides assistance with child care, food, home, energy, and more. 307-777-7564.